

THE SELF LOVE CLINIC

Doña Ana County

Community Resources

Las Cruces & Surrounding Communities • Updated September 2026

A curated starting point for crisis support, mental health care, grief, safety, basic needs, medical care, and community services throughout Doña Ana County.

How to Use This Guide

This guide was created to help individuals and families connect with community resources in Las Cruces and throughout Doña Ana County. The organizations listed are independent from The Self Love Clinic and are included for informational purposes.

Services, eligibility requirements, hours, locations, and availability may change. Please contact each organization directly for the most current information.

Important: If you are experiencing an immediate danger or medical emergency, call 911.

Need Help Now?

911 - Emergency Services

For immediate danger, a life-threatening medical emergency, or situations requiring an emergency response.

Call: 911

988 Suicide & Crisis Lifeline

Free, confidential 24/7 emotional, mental health, and substance-use crisis support by call, text, or chat. Spanish-language support is available.

Call: Call or text 988

Website: 988lifeline.org

Doña Ana County Crisis Triage Center

24/7/365 walk-in behavioral health crisis care for adults 18+ experiencing a mental health or substance-use crisis. The center provides short-term assessment, stabilization, intervention, and connection to follow-up care.

Call: 575-216-4150

Location: 1850 B Copper Loop, Las Cruces, NM 88005

Website: donaanacrisiscenter.com

Adults 18+. Walk-ins are accepted; the center describes a 23-hour crisis triage model.

Veterans Crisis Line

24/7 crisis support for Veterans, service members, and their loved ones.

Call: Call 988, then press 1 • Text 838255

Website: www.veteranscrisisline.net

SAMHSA National Helpline

Free, confidential treatment referral and information for mental health and substance-use concerns in English and Spanish.

Call: 1-800-662-HELP (4357)

Website: www.samhsa.gov/find-help/helplines/national-helpline

Mental Health & Counseling

Families & Youth Innovations Plus (FYI+)

A Certified Community Behavioral Health Clinic serving children, adolescents, adults, and families. Services include mental health and substance-use care, crisis services, and integrated community support regardless of ability to pay or place of residence.

Call: 575-522-4004

Website: fyiplusnm.org/ccbhc

La Clinica de Familia - Behavioral Health

Community behavioral health services in Doña Ana County. Contact directly for current counseling, psychiatric, community support, and eligibility information.

Call: 575-647-2800

Website: lcdfnm.org

Mesilla Valley Hospital

Behavioral health hospital providing inpatient and other behavioral health services for adolescents and adults, including mental health and substance-use treatment. Contact admissions for current programs and eligibility.

Call: 575-382-3500

Location: 3751 Del Rey Blvd., Las Cruces, NM 88012

Website: mesillavalleyhospital.com

NAMI Southern New Mexico / Doña Ana

Peer and family education, support, and mental health advocacy. Contact the local affiliate for current support groups, classes, and community programs.

Website: namisnm.org

Grief & Bereavement

Mesilla Valley Hospice - Bereavement Support

Community-based hospice and palliative care organization offering grief and bereavement support. Contact the organization for current counseling availability, grief groups, and community bereavement services.

Call: 575-523-4700

Location: 299 Montana Ave., Las Cruces, NM 88005

Website: mvhospice.org

Ask about grief support even if your loved one was not a hospice patient; availability and program requirements can vary.

New Mexico Grief Services & Support Navigation

For additional grief resources, families may also use statewide and community directories to locate current bereavement groups, counseling, and hospice-based support in Southern New Mexico.

Website: www.sharenm.org

Domestic Violence & Sexual Assault

La Casa, Inc.

24/7 domestic violence services serving Las Cruces and surrounding communities, including emergency shelter, crisis support, advocacy, counseling, safety planning, and support for adults and children affected by domestic violence.

Call: 575-526-2819

Location: 800 S. Walnut St., Las Cruces, NM 88001

Website: www.lacasainc.org

For immediate danger, call 911.

La Piñon Sexual Assault Recovery Services

Sexual assault crisis intervention, advocacy, prevention, and support serving Southern New Mexico. Contact directly for current hotline and service information.

Website: lapinon.org

Substance Use & Recovery

Doña Ana County Crisis Triage Center

Immediate short-term stabilization for adults 18+ experiencing a substance-use or mental health crisis, with assessment and connection to appropriate follow-up care.

Call: 575-216-4150

Website: donaanacrisiscenter.com

FYI+ CCBHC

Integrated mental health and substance-use services for all ages, including crisis care and community-based support.

Call: 575-522-4004

Website: fyiplusnm.org/ccbhc

Mesilla Valley Hospital

Behavioral health and substance-use treatment programs. Contact admissions for current detoxification, inpatient, and recovery-related services.

Call: 575-382-3500

Website: mesillavalleyhospital.com

SAMHSA Treatment Referral

National treatment-referral service for individuals and families seeking mental health or substance-use treatment.

Call: 1-800-662-HELP (4357)

Website: findtreatment.gov

Children, Teens & Families

Families & Youth Innovations Plus (FYI+)

Behavioral health, family, youth, and community services across Doña Ana County, with CCBHC services expanded to all ages.

Call: 575-522-4004

Website: fyiplusnm.org

Jardín de los Niños

Supportive services for children and families experiencing homelessness or housing instability. Contact directly for current family programs and eligibility.

Call: 575-522-2111

Location: 999 W. Amador Ave., Las Cruces, NM 88005

Website: jardinlc.org

New Mexico CYFD - PullTogether Resources

State resource directory for families, including child care, home visiting, behavioral health, food, housing, and other supports organized by county.

Website: pulltogether.cyfd.nm.gov/resources-by-county

Specialized Community Support

Southern New Mexico Pride

Independent community organization serving LGBTQ+ people and allies in Southern New Mexico. Individuals seeking LGBTQ+-specific community resources can contact the organization directly for current programs, events, and support information.

Website: www.snmpride.org

Veterans, Service Members & Military Families

Las Cruces Vet Center

Confidential, no-cost readjustment counseling and support for eligible Veterans, service members, National Guard/Reserve members, and families.

Call: 575-523-9826

Location: 1120 Commerce Dr., Suite B, Las Cruces, NM 88011

Website: www.va.gov/las-cruces-vet-center

Las Cruces VA Clinic

VA outpatient medical and behavioral health services for eligible Veterans through the VA El Paso Health Care System.

Call: 575-522-1241

Location: 3401 Del Rey Blvd., Las Cruces, NM 88012

Website: www.va.gov/el-paso-health-care/locations/las-cruces-va-clinic

New Mexico Department of Veterans' Services - Las Cruces

Assistance with federal and New Mexico Veterans benefits, claims, and connection to community resources.

Location: 1125 N. Solano Dr., Las Cruces, NM 88001

Website: www.nmdvs.org

Housing, Shelter & Community Navigation

Mesilla Valley Community of Hope

Central community resource for people who are unhoused or at risk of homelessness, offering case management, housing-focused services, income support, and connections to shelter and basic-needs programs.

Call: 575-523-2219

Location: 999 W. Amador Ave., Las Cruces, NM 88005

Website: www.mvcommunityofhope.org

Camp Hope

Transitional outdoor shelter located on the Mesilla Valley Community of Hope campus for people experiencing homelessness. Contact Community of Hope for current intake and availability.

Call: 575-571-2087

Location: 999 W. Amador Ave., Las Cruces, NM 88005

Website: www.mvcommunityofhope.org/camp-hope-1

Las Cruces Gospel Rescue Mission

Faith-based emergency shelter, meals, clothing, and supportive services for people experiencing homelessness.

Call: 575-523-7727

Location: 1050 W. Amador Ave., Las Cruces, NM 88005

Website: lcgrm.org

Mesilla Valley Public Housing Authority

Public housing and housing-assistance programs serving eligible residents in the Las Cruces area. Contact directly for current waiting lists, eligibility, and applications.

Call: 575-528-2000

Location: 926 S. San Pedro St., Las Cruces, NM 88001

Website: www.mvpha.org

Doña Ana County Community Resource Centers

County-operated resource centers serving rural communities and colonias throughout Doña Ana County. Centers connect residents with health, human services, outreach, education, and community providers.

Call: Doña Ana County: 575-647-7200

Website: www.donaanacounty.org/departments/community-services/health-human-services/outreach-and-education-division

Food & Basic Needs

Casa de Peregrinos Emergency Food Program

Emergency food assistance serving Las Cruces and Doña Ana County through its central pantry and community distribution network.

Call: 575-523-5542

Location: 999 W. Amador Ave., Las Cruces, NM 88005

Website: casadeperegrinos.org

El Caldito Soup Kitchen

Community meal program located on the Mesilla Valley Community of Hope campus. Contact directly for current meal schedules.

Call: 575-525-3831

Location: 999 W. Amador Ave., Las Cruces, NM 88005

Website: www.elcaldito.com

The Salvation Army - Las Cruces

Food assistance and limited emergency social-service support, including rent/utility assistance when funding is available.

Call: 575-524-4713

Location: 1590 California Ave., Las Cruces, NM 88001

Website: southernusa.salvationarmy.org/las-cruces

Roadrunner Food Bank

Statewide food bank with partner agencies and mobile distributions throughout New Mexico, including Doña Ana County.

Website: www.rrfb.org/find-help/find-food

Low-Cost & Community Medical Care

La Clinica de Familia

Federally qualified/community health services in Southern New Mexico, including primary care, behavioral health, dental, and other programs at multiple locations.

Call: 575-647-2800

Website: lcdfnm.org

Amador Health Center

Community health services located on the Mesilla Valley Community of Hope campus, with a focus on people experiencing barriers to care. Contact directly for current services and eligibility.

Location: 999 W. Amador Ave., Las Cruces, NM 88005

Website: amadorhealth.org

New Mexico Human Services Department / Medicaid

Information about Medicaid, SNAP, cash assistance, and other public benefits. Eligibility and application information is available through YES.NM.gov.

Call: 1-800-283-4465

Website: www.yes.state.nm.us

Transportation

RoadRUNNER Transit

City of Las Cruces public transit service. Check current routes, accessibility options, and schedules directly with the City.

Website: www.lascruces.gov/1314/RoadRUNNER-Transit

South Central Regional Transit District

Regional public transportation connecting communities throughout Doña Ana County and Southern New Mexico. Contact directly for current routes and schedules.

Call: 575-323-1620

Website: scrttd.org

New Mexico Medicaid Transportation

Eligible Medicaid members may have access to non-emergency medical transportation through their managed care plan. Members should contact the transportation number on their health plan card for current eligibility and scheduling.

Website: www.hca.nm.gov

Additional County-Wide Resource Directories

Doña Ana County Resilience Leaders - Community Resource Guide

A continuously updated community resource guide and links to City of Las Cruces and 988 resources.

Website: www.dacrl.org/resources

SHARE New Mexico

Statewide searchable directory for health and social services, useful for locating additional Doña Ana County programs by need and ZIP code.

Website: www.sharenm.org

Website Publishing Notes

- Use 'Doña Ana County Community Resources' as the page/section title, with 'Las Cruces & Surrounding Communities' underneath. This better reflects the actual service area than 'Las Cruces' alone.
- Place the 'Need Help Now?' section at the top of the webpage.
- Keep organization descriptions brief and link visitors to each organization's own site for detailed eligibility, hours, and program information.
- Describe each organization based on the services and communities it identifies as serving, and direct visitors to the organization for current program details.
- Review the page at least every 6–12 months because phone numbers, addresses, eligibility requirements, and programs can change.
- Add 'Last reviewed: September 2026' to the live webpage.

Community Resource Disclaimer

The organizations listed in this guide are provided for informational and community-resource purposes. Unless explicitly stated, they are independent from The Self Love Clinic. Inclusion does not constitute an endorsement or guarantee of services. Services, eligibility requirements, availability, locations, and contact information may change. Please contact each organization directly for current information. If you are experiencing an immediate emergency, call 911.