

THE SELF LOVE CLINIC

El Paso Community Resources

Texas Resource Guide • Updated September 2026

A curated starting point for crisis support, mental health care, grief, safety, basic needs, medical care, and community services in El Paso.

How to Use This Guide

This guide was created to help individuals and families connect with community resources in El Paso. The organizations listed are independent from The Self Love Clinic and are included for informational purposes.

Services, eligibility requirements, hours, locations, and availability may change. Please contact each organization directly for the most current information.

Important: If you are experiencing an immediate danger or medical emergency, call 911.

Need Help Now?

911 - Emergency Services

For immediate danger, a life-threatening medical emergency, or situations requiring an emergency response.

Call: 911

988 Suicide & Crisis Lifeline

Free, confidential crisis support by call, text, or chat. Spanish-language support is available; Veterans can call 988 and press 1.

Call: Call or text 988

Website: 988lifeline.org

Emergence Health Network - 24-Hour Crisis Hotline

Local 24/7 mental health crisis support, de-escalation, and connection to El Paso behavioral health resources.

Call: 915-779-1800

Website: emergencehealthnetwork.org/mental-health

EHN also lists 988 and a toll-free crisis line: 1-877-562-6467.

Veterans Crisis Line

24/7 crisis support for Veterans, service members, and their loved ones.

Call: Call 988, then press 1 • Text 838255

Website: www.veteranscrisisline.net

SAMHSA National Helpline

Free, confidential 24/7 treatment referral and information for mental health and substance-use concerns in English and Spanish.

Call: 1-800-662-HELP (4357)

Website: www.samhsa.gov/find-help/helplines/national-helpline

Mental Health & Counseling

Emergence Health Network (EHN)

El Paso County's Local Mental Health Authority. Services include outpatient mental health care, substance-use services, crisis care, and other community behavioral health programs.

Call: Appointments: 915-242-0555 • General information: 915-887-3410

Website: emergencehealthnetwork.org

EHN's administrative office is currently listed at 201 E. Main St., Suite 600. Call centralized scheduling for the appropriate service location.

El Paso Helps - Medical & Mental Health

Community portal connecting residents with medical care, mental health services, counseling, emotional support, housing, food, shelter, substance-use support, and other resources.

Website: www.elpasohelps.org/medical-mental-health

Family Service of El Paso

Community-based counseling and family support resource. Contact the organization directly for current services, eligibility, and fees.

Call: 915-781-9900

Website: www.familyserviceofelpaso.org

Project Vida Behavioral Health

Community behavioral health services within Project Vida. Contact directly for current programs, eligibility, and appointment information.

Call: 915-465-1191

Website: www.pvida.net

Grief & Bereavement

Children's Grief Center of El Paso

Bereavement support for grieving children, teens, young adults, and their families. Programs include grief support and family-centered services.

Call: 915-532-6004

Confirm the location for the specific program when scheduling.

Hospice El Paso - Bereavement Support

Bereavement services associated with hospice care, including grief support for families. Contact Hospice El Paso for current groups, eligibility, and schedules.

Call: 915-532-5699

Website: hospiceelpaso.org

Domestic Violence & Sexual Assault

Center Against Sexual and Family Violence (CASFV)

Confidential support for domestic violence and sexual assault, including crisis intervention, advocacy, emergency shelter, therapy/support services, legal advocacy, and safety planning.

Call: 24/7 Crisis Hopeline: 915-593-7300 • 1-800-727-0511

Location: Family Resource Center: 580 Giles Road, El Paso, TX 79915

Website: www.casfv.org/find-immediate-help

If you are in immediate danger, call 911.

Substance Use & Recovery

Emergence Health Network - Substance Use Services

Community substance-use services, including assessment and treatment programs. EHN also provides addiction recovery treatment and referral support.

Call: 915-242-0555

Website: emergencehealthnetwork.org

SAMHSA National Helpline / Treatment Referral

National treatment-referral and information service for individuals and families facing mental health and substance-use disorders.

Call: 1-800-662-HELP (4357)

Website: www.samhsa.gov/find-help/helplines/national-helpline

El Paso Helps - Substance Use Support

Local navigation portal for people seeking addiction and recovery resources in El Paso.

Website: www.elpasohelps.org

Children, Teens & Families

El Paso Center for Children

Community services for children, youth, and families. Contact the organization for current programs and eligibility.

Call: 915-565-8361

Website: epccinc.org

Child Crisis Center of El Paso

Crisis and support services for children and families. Contact directly for current programs and intake information.

Call: 915-562-7955

Website: www.childcrisiselp.org

Big Brothers Big Sisters of El Paso

Youth mentoring and supportive relationships for children and adolescents.

Call: 915-544-4203

Website: www.bbbsep.org

Specialized Community Support

Borderland Rainbow Center

Independent El Paso-area community organization offering LGBTQ+ community support and services. Individuals seeking LGBTQ+-specific resources can contact the organization directly to learn about current programs.

Website: www.borderlandrainbow.org

Veterans, Service Members & Military Families

Emergence Health Network - Veterans One Stop Center

Mental health and support services for active-duty service members, Veterans, and their families, including counseling, PTSD services, peer support, and community linkages.

Call: 915-242-0555

Location: 10737 Gateway Blvd. West, Suite 350, El Paso, TX

Website: emergencehealthnetwork.org/veterans

El Paso Vet Center

Confidential counseling and support for eligible Veterans, service members, and families in a non-medical setting, including support related to PTSD and military sexual trauma.

Location: 1155 Westmoreland Drive, Suite 121, El Paso, TX 79925

Website: www.va.gov/el-paso-vet-center

City of El Paso - Veteran & Military Affairs

Local directory for Veteran emergency assistance, financial support, community programs, and service navigation.

Call: 915-212-1447

Website: www.elpasotexas.gov/veteran-resources/immediate-assistance

Housing, Shelter & Community Navigation

El Paso Helps

A one-stop community portal for housing insecurity, homelessness, food insecurity, shelter, medical/mental health care, substance-use support, Veterans services, and other basic needs.

Call: Street outreach: 915-298-1115 (24/7)

Website: www.elpasohelps.org

United Way - Center for Resiliency

Resource navigation and connection to community services.

Call: 915-400-7401

Website: www.elpasohelps.org/medical-mental-health

Opportunity Center for the Homeless

Emergency shelter and services for people experiencing homelessness.

Call: 915-577-0069

Location: 1208 Myrtle Ave., El Paso, TX 79901

Website: homelessopportunitycenter.org

Reynolds Home

Shelter and supportive services for families experiencing homelessness. Contact directly for current eligibility and availability.

Call: 915-274-2598

Website: reynoldshome.org

The Salvation Army of El Paso County

Emergency shelter, meals, food support, and other community assistance; availability varies by program and funding.

Call: 915-544-9811

Location: 4300 E. Paisano Dr., El Paso, TX 79905

Website: southernusa.salvationarmy.org/el-paso

Food & Basic Needs

El Pasoans Fighting Hunger Food Bank

Regional food bank serving El Paso and surrounding counties through food distribution and partner agencies; also offers SNAP application/renewal assistance.

Call: 915-298-0353

Location: 9541 Plaza Circle, El Paso, TX 79927

Website: elpasoansfightinghunger.org

Kelly Center for Hunger Relief

Food pantry and hunger-relief services in central El Paso. Contact directly for current distribution hours and requirements.

Call: 915-261-7499

Location: 915 N. Florence St., El Paso, TX 79902

Website: kellyfresh.org

Project BRAVO

Community action agency providing assistance programs that may include utility, housing, education, and other stabilization services depending on eligibility and available funding.

Call: 915-562-4100

Website: www.projectbravo.org

Low-Cost & Community Medical Care

Centro de Salud Familiar La Fe

Community health services in El Paso. Contact directly for current locations, services, eligibility, and fees.

Call: 915-545-4550

Website: lafe-ep.org

Centro San Vicente

Community health services, including medical and behavioral health care. Contact directly for current

services and scheduling.

Call: 915-859-7545

Website: www.sanvicente.org

Project Vida Health Center

Community health services with multiple programs and clinic locations. Contact directly for current medical and behavioral health services.

Call: 915-533-7057

Website: www.pvida.net/clinics

Transportation

Project Amistad

Community support organization with transportation and other social-service programs. Contact directly to determine eligibility and current services.

Call: 915-532-3790

Website: www.projectamistad.org

Sun Metro LIFT

Paratransit service for eligible individuals whose disability prevents them from using fixed-route bus service.

Call: 915-212-0100 (confirm current LIFT contact when applying)

Website: sunmetro.net

Website Publishing Notes

- Use a prominent 'Need Help Now?' box at the top of the webpage.
- Keep descriptions short and action-oriented; link visitors to the organization's own website for detailed eligibility and hours.
- Avoid presenting external organizations as referrals personally endorsed by a clinician.
- Describe each organization based on the services and communities it identifies as serving, and direct visitors to the organization for current program details.

- Review this page at least every 6-12 months because phone numbers, addresses, eligibility, and programs can change.
- Consider a 'Last reviewed: September 2026' line on the live webpage.

Source & Update Notes

This revision was built from The Self Love Clinic's prior El Paso Community Resource Guide and updated using current public information from official or primary sources available in September 2026, including Emergence Health Network, El Paso Helps, CASFV, the 988 Lifeline, SAMHSA, the U.S. Department of Veterans Affairs, the City of El Paso, and El Pasoans Fighting Hunger. Because community programs change, The Self Love Clinic should verify time-sensitive details periodically.